



UNIVERSITY OF THE POTOMAC



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Falls Church, VA 22043

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828 S Wabash Ave.
Chicago, IL 60659

Mental Health Awareness

May is Mental Health Awareness month. The Department of Veteran Affairs provides Veterans and their families with quality treatment, research and recovery. Click **LEARN MORE** for information about the services provided by the VA.

[LEARN MORE](#)

The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring VA responders.

Veterans and their loved ones can call or chat online to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if

HOW TO CONNECT WITH A RESPONDER

Call

1-800-273-8255

Chat

[Connect Online](#)

Text

838255

Support for deaf and hard of hearing

1-800-799-4889



IRS COVID19 Resources

With the ongoing need for social distancing, businesses closing and Americans across the globe needing financial relief, many federal agencies and organizations have created free financial resources for active duty military, veterans and their families. These financial resources include areas such as the Thrift Savings Plan (TSP), the DoD Financial Readiness Network, Military Saves and MORE!

[LEARN MORE](#)

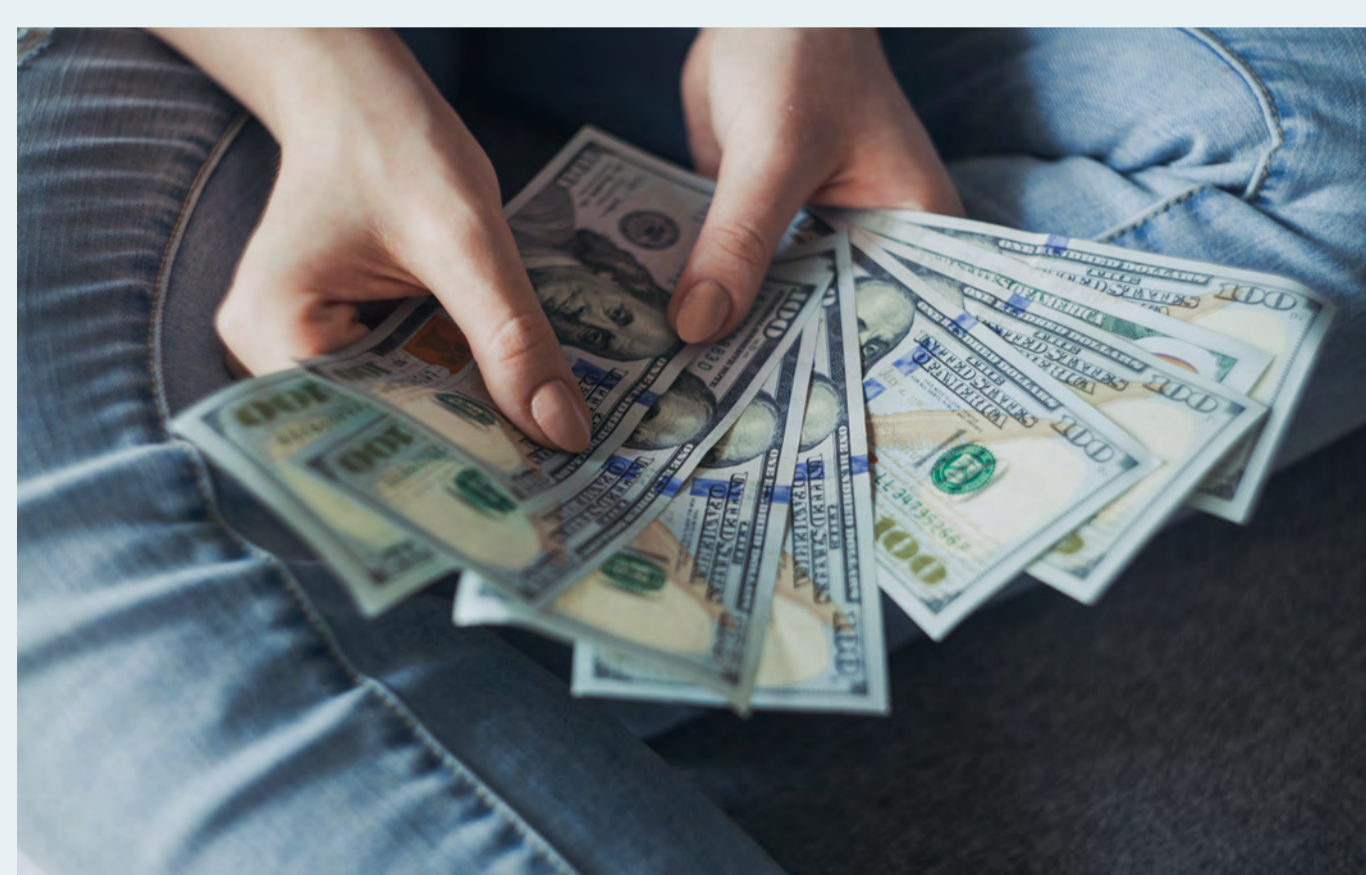
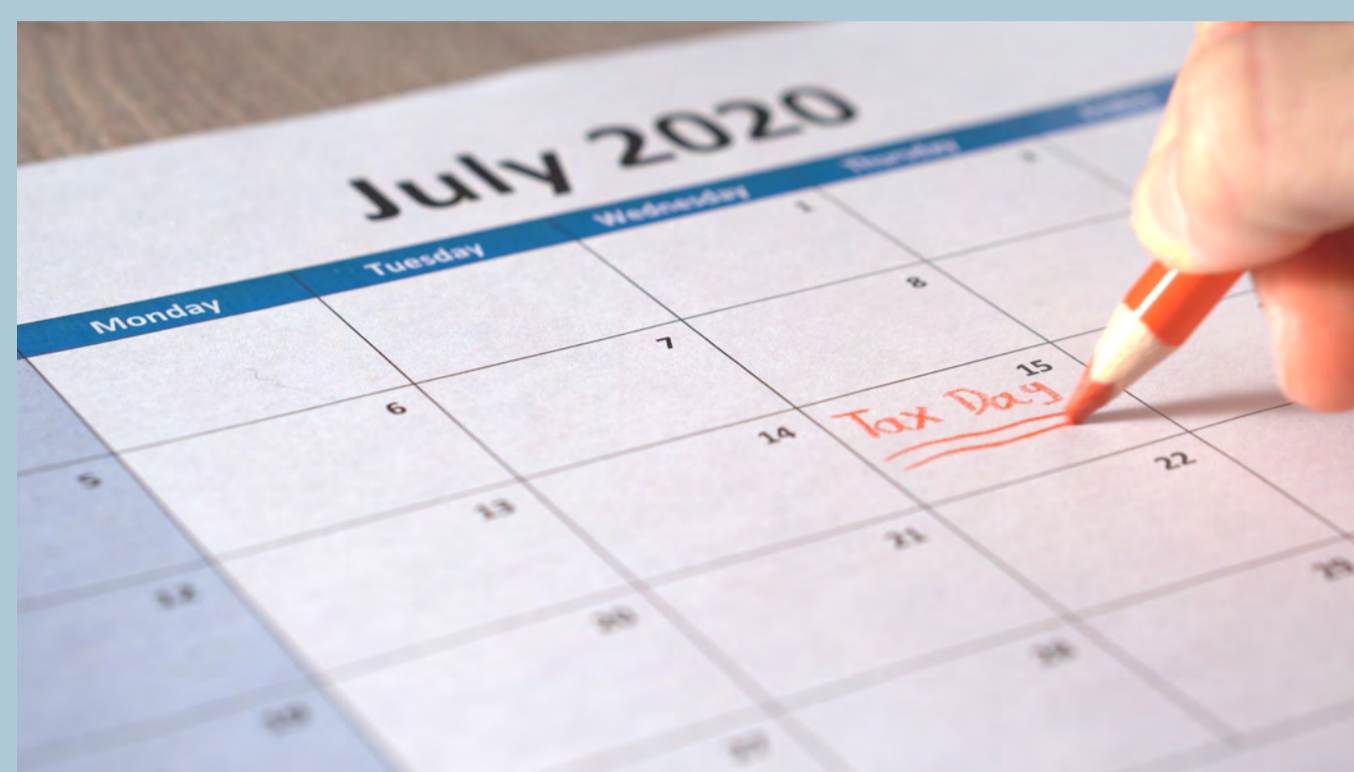
IRS Coronavirus Tax Relief and Economic Impact Payments

The IRS is offering tax help for taxpayers, businesses, tax-exempt organizations and others – including health plans – affected by coronavirus (COVID-19). Millions of Americans have already received their Economic Impact Payments (Payments) authorized by the Coronavirus Aid, Relief, and Economic Security Act (CARES Act). The Internal Revenue Service (IRS) continues to calculate and automatically send the Payments to most eligible individuals, however some may have to provide additional information to the IRS to get their Payments.

[LEARN MORE](#)

[CHECK MY PAYMENT STATUS](#)

[PEOPLE FIRST INITIATIVE](#)



The IRS is here to help

Have you or your family been affected by COVID-19? Do you need to find help for individual, family or your business? Did you know that you are entitled to PAID sick leave related to the Coronavirus? Click on the links below for more information on the services available for individuals, businesses and healthcare expansion.

[INDIVIDUALS](#)

[BUSINESSES](#)

[HEALTHCARE](#)

The VA Financial Relief Actions and Time Limit Extensions in lieu of COVID-19

The Department of Veteran Affairs is providing options for Veterans and claimants to specifically request extensions on filing dates and requested evidence dates, as well as rescheduling of examinations and hearings. VA is also taking steps to provide Veterans and claimants with financial relief.

[LEARN MORE](#)



Unemployment Help

The federal government has allowed states to change their unemployment benefits laws. It allows them to provide unemployment benefits for situations related to the Coronavirus (COVID-19). These benefits have been expanded even further with the approval of the CARES Act which authorizes:

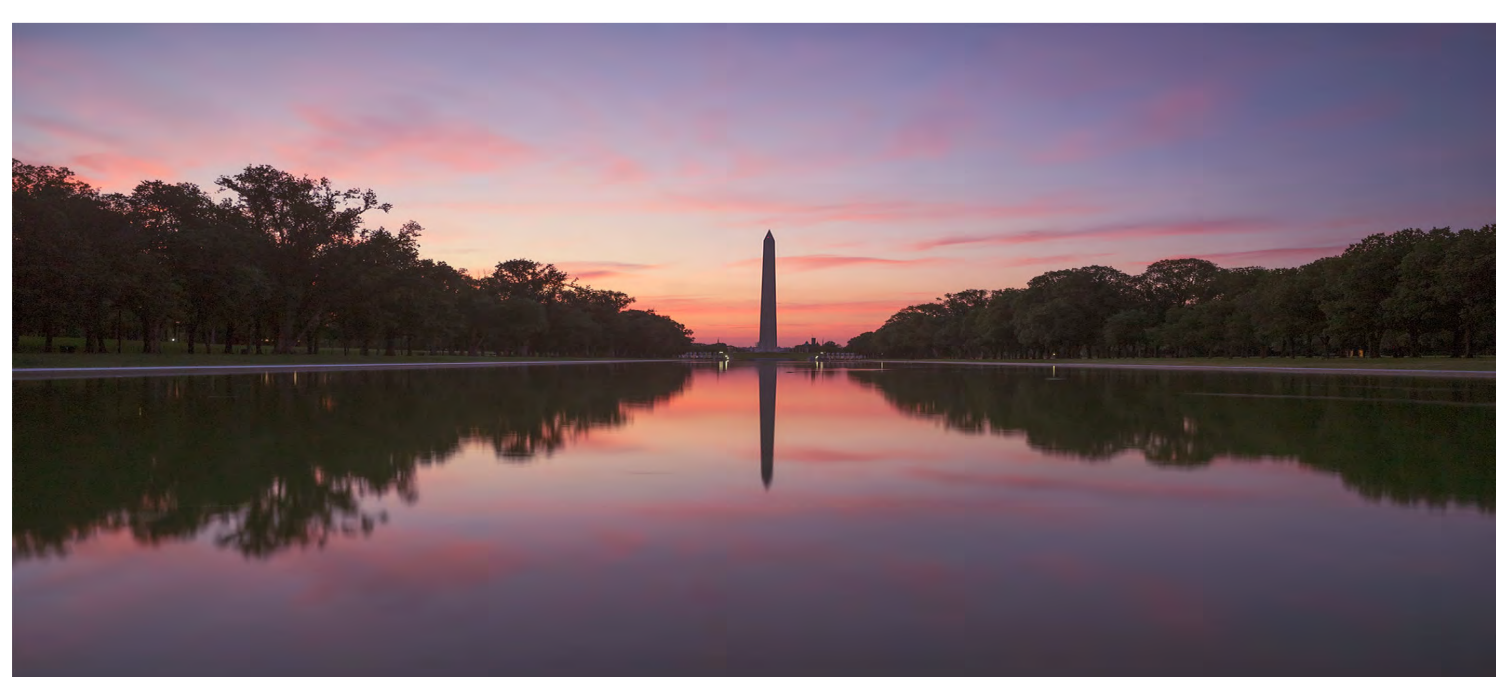
- Self-employed workers and gig workers to receive unemployment benefits
- All unemployed workers to receive an extra \$600 a week for up to six months
- Unemployed workers to get an extra 13 weeks of benefits beyond the number a state currently provides

[LEARN MORE](#)

[UNEMPLOYMENT BENEFIT FINDER](#)

[APPLY FOR BENEFITS](#)

[CAREERONESTOP](#)



National Resource Directory

Did you know the National Resource Directory has more than 14,000 vetted resources available to you right now? It provides access to links to services and resources that support wounded warriors, Service Members, Veterans, families and caregivers.



Emergency Response Funds for Coast Guard Families

The Coast Guard Foundation is working to raise \$1 million in support of the Coast Guards emergency needs. Read more about their efforts in foundation President Sue Ludwig's donation letter.

Student Spotlight

Kelly Halferty - MBA Geospatial Intelligence



Kelly Halferty serves as a Special Assistant in the Office of the Chairman at the U.S. Securities and Exchange Commission (SEC). He manages a myriad of programs that supports the daily operations of the Chairman, the Chief of Staff, Deputy Chief of Staff, Managing Executive, and other staff members. Mr. Halferty joined the SEC in 2013, previously serving as a Program Support Specialist in the Division of Corporation Finance and Office of Human Resources. Prior to joining the SEC, Mr. Halferty served 22 years in the United States Air Force, retiring in 2012.

“Geospatial information and intelligence are essential in today’s business sector. When properly utilized, business owners realize increased market share and competitive advantages over their rivals. Additionally, GIS is also heavily used for many government applications. At the SEC, I utilized GIS to research the effects of the accredited investor rule on the population of the United States. I found that less than 1 percent of American citizens meet the criteria outlined in Rule 506(b) of Regulation D of the Securities Act of 1933 to be considered an Accredited Investor.”

Military News Release

US Coast Guard New Pay and Allowances
USN Temporary Relaxation of Hair Grooming Standards in Response to Coronavirus Outbreak
USN Physical Readiness Policy Update
USN Transition Assistance Program Update
USN Guidance on the Use of Face Coverings
Navy Calls for Face Masks for All Military and Civilians on Base
U.S. Army updates promotion and retention policies in response to COVID-19
U.S. Army issues guidance for the use of cloth face coverings
U.S. Army places temporary hold on new recruits to basic training

Upcoming Dates

May 2, 2020: Final Day for 2019-06A Course Add/Drop
May 25, 2020: Memorial Day, UOTP CLOSED
June 21, 2020: 2020-06A Ends
June 22-28: Summer Break - No Classes
June 29, 2020: 2020-08A Term Begins
July 4, 2020: Independence Day, UOTP CLOSED

